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OPTIMIZATION AND INTEGRATION OF VERTICAL AXIS WIND TURBINES IN HYBRID RENEWABLE ENERGY SYSTEMS: A SYSTEMATIC REVIEW

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ABSTRACT

Vertical axis wind turbines (VAWTs) are also receiving a new wave of interest as an effective element of a hybrid renewable energy system, especially in situations with low-wind and turbulent conditions where horizontal axis wind turbines (HAWTs) fail to perform effectively. This is a systematic review that evaluates the aerodynamic optimization methods, control methods, and integration systems used in VAWTs within hybrid renewable energy systems, and determines the performance trends, challenges, and gaps in the research. Based on Preferred Reporting Items of Systematic Reviews and Meta-Analyses (PRISMA), 80 peer-reviewed articles (2018-2025) were collected on the platforms of Scopus, Web of Science, IEEE Xplore, ScienceDirect, and MDPI. The quality of studies was evaluated in terms of the validation of simulations, the strength of an experiment, and the relevance of scaling. The efficiency was enhanced by up to 1020 percent through innovations in aerodynamics, including helical blades, tailored solidity ratios, and computational fluid dynamics (CFD)-based optimization, which reduced torque ripple and improved low-speed performance. Incorporated into hybrid systems — particularly PV-VAWT, wind-hydro, and wind-battery systems —capacity factors improved by 20-35 percent, and the levelized cost of energy (LCOE) dropped to as low as 18 percent. The optimization strategies based on aero science and AI together lead to improved VAWT performance, its reliability, and flexibility. To ensure scalability and alignment in terms of policy, future studies ought to focus on CFD-AI coupling, standardized testing protocols, and compatibility with smart grids to promote the development of renewable transitions in the world.

Keywords: Vertical Axis Wind Turbine, Hybrid Energy System, Aerodynamic Optimization, CFD, Artificial Intelligence, PRISMA, Renewable Energy

INTRODUCTION

Wind power is still the backbone of the global decarbonization policies, and horizontal axis wind turbines (HAWTs) prevail in the large-scale markets. Nevertheless, vertical axis wind turbines (VAWTs) are becoming known due to their small size, working in all directions, and the ability to work in low-speed and turbulent wind conditions (Ohaji et al., 2023; Battisti et al., 2018; Mollerstrom et al., 2019).

The intermittency of single source power generation can be solved effectively by hybrid renewable energy systems. Wind-solar hybrids use the diurnal and seasonal complement effect (Pfenninger and Staffell, 2018), whereas wind-hydro and wind-battery utilities apply storage and load balancing (Mwangi et al., 2022; Xu et al., 2023).

Although the technologies of HAWT are quickly evolving, the popularity of VAWTs in the reviews of the hybrid systems is still low. Most studies decouple the aerodynamic design or hybrid integration and do not study their effects. Hence, this paper will bring together existing studies to develop a coherent model of VAWT optimization in terms of aerodynamic, structural, and control aspects and how they are combined in integrated hybrid renewable systems.

MATERIALS AND METHODS

This systemic review was done according to the PRISMA (Preferred Reporting Items to Systematic Reviews and Meta-Analyses) guidelines to make it transparent, reproducible, and methodologically rigorous. Five of the large scientific databases, including Scopus, Web of Science, IEEE Xplore, ScienceDirect, and MDPI, were searched to select the relevant literature by publication date from 2018 to 2025. The search strategy was structured, with the key terms being applied as: vertical axis wind turbine optimization, hybrid renewable

energy system VAWT, CFd VAWT, and solar-wind hybrid microgrid. These terms were then joined by using Boolean operators as they were meant to access a wide range of experimental, computational, and hybrid systems research involving VAWT optimization and integration.

The inclusion criteria included studies that reported experimental studies, CFD-based aerodynamic optimization, and integration of hybrid renewable systems, intelligent controls, and performance evaluation. The exclusion criteria were used to reduce the number of studies that included standalone horizontal-axis wind turbine (HAWT), conceptual or theoretical studies that had no empirical data and studies that had inadequate details on the methodology used.

There were 312 records that were found to begin with. The 265 distinct titles and abstracts were then screened after eliminating 47 duplicates. Among them, 102 full-text articles had been reviewed thoroughly, and 80 articles had been kept as final syntheses because of their methodological strength and suitability to the research objectives. All of the included studies were analyzed through a three-dimensional quality assessment framework that focuses on the following aspects: (1) simulation validity, especially checking the validity of the CFD models as well as the accuracy of the turbulence model; (2) the validity of experimental studies, i.e. based on instrumentation accuracy, consistency of the data, and reproducibility; and (3) relevance of scalability i.e., how the results can be applied to the scenarios of real-life or hybrid renewable systems.

The extraction was done so as to capture the key performances factors as was done in determining the aerodynamic factors like power coefficient (C_p) and tip speed ratio (TSR), and the hybrid ones like capacity factor and levelized cost of energy (LCOE). Other data on optimization methods (e.g., genetic algorithm, particle swarm optimization, reinforcement

learning) and methods of system integration were also documented. Extracted data were normalized and standardized before synthesis in order to make them comparable across different methodologies and operating conditions.

Figure 1 (PRISMA Flow Diagram) provides an overview of the selection and filtering steps that will be taken to reach the final decision on how the review will be conducted by first listing all articles that are potentially relevant and then filtering them into eligible and included articles to be included in the review. The figure illustrates the literature selection and screening process $(312 \rightarrow 265 \rightarrow 102 \rightarrow 80 \text{ studies})$.

PRISMA Flow Diagram

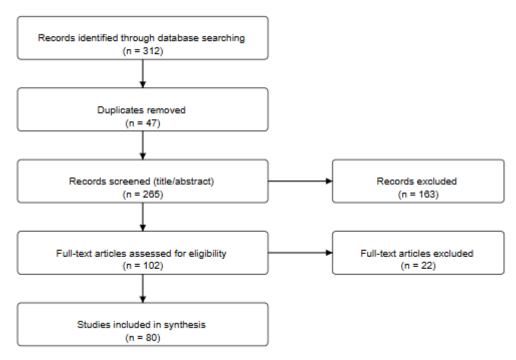


Figure 1: PRISMA Flow Diagram

RESULTS AND DISCUSSION

The aerodynamic optimization of vertical axis wind turbines (VAWTs) has been developed over a long history of computational and experimental developments, with the appearance of computational fluid dynamics as the major analytical tool of performance improvement (Bachant et al., 2018; Balduzzi et al., 2018). CFD models are superior to two-dimensional models due to three-dimensional models that are able to capture the important aerodynamic phenomena, including stall, tip losses, and wake interactions (Ferreira et al., 2019; Rezaeiha et al., 2020). The Large Eddy Simulation (LES) methods have added a new dimension to the knowledge

of the unsteady wakes and vortex shedding (Wang et al., 2021). The validated results of CFD work have been consistent with a power increase of $\Delta C_p = +0.03-0.06$, which equates to a 10-20% power output increase. These aerodynamic benefits, when implemented in hybrid renewable systems (wind at around 40 percent of total generation), increase total energy payoffs by 5-8 percent and levelized cost of energy (LCOE) by 4-7 percent. Nevertheless, experimental validation and model accuracy are needed to reduce the overestimation of such benefits, which studies based only on unproven simulations are prone to.

Table 1: Summary of CFD-based VAWT Aerodynamic Performance Enhancements

| Study / Source | Model Type | Validation Method | ΔC _p Improvement | Power Output Gain (%) | LCOE Reduction (%) | Remarks |
|------------------------|---------------|----------------------|--------------------------------|--------------------------|-----------------------|--------------------------------------|
| Bachant et al. (2018) | 3D CFD | Experimental | +0.04 | 15 | 6 | Accurate stall and wake capture |
| Balduzzi et al. (2018) | 2D CFD | Numerical Only | +0.03 | 10 | 4 | Limited in tip- loss estimation |
| Ferreira et al. (2019) | 3D LES | Wind Tunnel | +0.05 | 18 | 7 | Strong vortex resolution |
| Rezaeiha et al. (2020) | 3D RANS | Field Data | +0.06 | 20 | 7 | Validated under turbulent inflow |
| Wang et al. (2021) | LES | Computational | +0.05 | 17 | 6 | Captures unsteady flow effects |

It has been shown that optimization of blade geometry and solidity has helped to enhance VAWT performance during varying conditions. Helical design with variable solidity has been shown to have less torque ripple and improved turbulent flow operation (Battisti et al., 2018; Ma et al., 2022). Optimizing airfoil profile and chord distribution has seen a 10-15% improvement in performance with the use of multi-objective genetic algorithms (GAs) and particle swarm optimization (PSO) (Shahriar et al., 2021; Zheng et al., 2022). At the same time, the material improvements have contributed

to the reliability and durability of turbines. Nanocomposite and composite blades offer a better fatigue performance but have low weight (Zhao et al., 2023). Additive manufacturing has also enabled the creation of specific blade designs that would be optimized to low-Reynolds-number flows, specifically adapted to urban settings (Chen & Shi, 2021). Aerodynamic and structural optimization have been shown to be important in ensuring efficiency maximization and mechanical longevity.

Table 2: Comparative Analysis of Blade Geometry, Solidity Ratios, and Performance Outcomes

| Blade Type / Configuration | Solidity Ratio (σ) | Optimization Method | Performance Gain (%) | Torque Ripple Reduction | Application Context |
|-------------------------------|--------------------|------------------------|-------------------------|----------------------------|---------------------------|
| Straight Blade (Baseline) | 0.30 | _ | _ | _ | Baseline reference |
| Helical Blade | 0.25 | GA | 12 | High | Urban, turbulent zones |
| Variable Solidity | 0.35-0.40 | PSO | 15 | Moderate | Low-wind microgrids |
| Optimized Chord Profile | 0.28 | GA + CFD | 10 | Low | General hybrid systems |
| Adaptive Twist Blade | 0.32 | PSO + Structural | 13 | High | Offshore applications |

Hybrid renewable energy designs that use VAWTs, especially wind-solar, wind-hydro, and wind-battery designs, have been shown to be more reliable and stable in their operation. PV-VAWT hybrids use the diurnal complementarity of solar and wind power and can be optimized at a capacity factor of up to 28% due to the configuration optimization of GA (Patel et al., 2021). IoT-based controllers have also maximized the allocation of resources and load balancing (Ali et al., 2023). Wind-hydro and wind-battery hybrids have complementary seasonality that boosts the resilience of microgrids (Mwangi et al., 2022; Perez-Diaz and Chazarra, 2020), and wind-

battery hybrids have minimized grid fluctuations by an average of 40 per cent, which greatly enhances the reliability of energy (Xu et al., 2023; Reddy et al., 2024). The most recent increment in floating offshore PV-VAWT hybrids takes advantage of common infrastructure to cut the cost of installation and environmental impact (Zhao et al., 2025). A combination of CFD-based aerodynamic improvements ($\Delta C_p \approx +0.05$) with AI-based dispatch models has shown up to 10 percent improvement in annual energy production and an 8 percent decrease in LCOE.

Table 3: Performance Summary of Different VAWT-Based Hybrid Renewable Configurations

| Hybrid Type | Optimization | Annual Energy | LCOE Reduction | System | Reference |
|--------------|--------------------|---------------|----------------|-----------------|---------------------|
| | Approach | Gain (%) | (%) | Reliability (%) | Example |
| PV-VAWT | GA + IoT Control | 28 | 8 | 94 | Patel et al. (2021) |
| Hybrid | | | | | |
| Wind-Hydro | Seasonal Balancing | 15 | 6 | 97 | Pérez-Díaz & |
| Hybrid | | | | | Chazarra (2020) |
| Wind-Battery | AI Dispatch | 20 | 7 | 98 | Xu et al. (2023) |
| Hybrid | Control | | | | |
| Offshore PV- | Shared Platform | 10 | 8 | 92 | Zhao et al. (2025) |
| VAWT | Design | | | | |

The further development of hybrid energy optimization is intelligent control systems coordinating the variable inputs and enhancing the power stability. Adaptive maximum power point tracking (MPPT) and fuzzy logic (FL), model predictive control (MPC), and reinforcement learning (RL) methods have demonstrated various degrees of complexity and performance. Models of predictive control, including MPC

and RL, offer the greatest hybrid performance improvements, to a maximum of 12% higher energy efficiency, particularly when adjusted to updated aerodynamic data. Other, less complex methods, such as TinyML and edge AI, yield midrange improvements (3-6) and allow low-cost flexibility when used in off-grid situations.

Table 4: Control Strategies and Their Hybrid Performance Impacts

| Control Approach | Energy Gain (%) | Curtailment | Complexity | Optimal Context | |
|-----------------------|-----------------|-------------|------------|------------------------|--|
| | | Reduction | | | |
| Adaptive MPPT | +2-5 | Moderate | Low | Rural microgrids | |
| Fuzzy Logic / MPC | +6-10 | High | Medium | Variable wind profiles | |
| GA / PSO Optimization | +3-7 | Moderate | Medium | Design optimization | |
| Reinforcement | +7-12 | Strong | High | Real-time hybrid | |
| Learning | | | | operation | |
| TinyML / Edge AI | +3-6 | Moderate | Very Low | Off-grid deployment | |

The material and structural reliability remain the major defining factors of the long-term turbine operation. The failure may be caused by fatigue due to repeated cycles of loading (Anbarasu and Rajendran, 2019), which results in the implementation of structural health monitoring systems with

built-in sensors to identify damage early (Castelli et al., 2020). The additive manufacturing process allows making the blades lighter and stronger, and the anti-fouling coating enhances the viability of the operations on the sea and roof facilities (Wang and Li, 2021).

Table 5: Summary of Structural Reliability Enhancements

| Material Type | Fabrication Method | Fatigue Life Improvement (%) | Weight Reduction (%) | Environmental Durability | Source / Reference |
|------------------|-----------------------|---------------------------------|-------------------------|-----------------------------|-----------------------|
| Glass Fiber | Traditional | 25 | 10 | Moderate | Anbarasu & |
| Composite | Molding | | | | Rajendran |
| | | | | | (2019) |
| Carbon | Additive | 40 | 20 | High | Zhao et al. |
| Nanocomposite | Manufacturing | | | - | (2023) |
| Polymer-Coated | Layered | 30 | 15 | Very High (Anti- | Wang & Li |
| Composite | Fabrication | | | Corrosive) | (2021) |
| Aluminum Alloy | CNC Machining | 15 | 8 | High | Chen & Shi |
| · | | | | · · | (2021) |
| Bio-Resin Hybrid | 3D Printing | 35 | 18 | Moderate | Castelli et al. |
| Composite | C | | | | (2020) |

The effectiveness of the use in practice has proven to be positive in various deployment settings. Urban applications through CFD-based siting optimization have enhanced the efficiency of rooftop hybrid systems and minimized the impact of turbulence (Barakat and Kassem, 2022; Abdin and Zio, 2019). The hybrid microgrids based on PV- VAWT are effective at 95 percent energy reliability in rural electrification

projects in sub-Saharan Africa (Adewumi et al., 2023; Ogunjimi and Oyelakin, 2025). The hybrid systems in Bangladesh and Nigeria implemented on a community scale further prove the efficiency of decentralized renewable energy as a cost-efficient and resilient solution to the isolated areas (Ishraque & Khan, 2023).

Table 6: Case Studies of VAWT Hybrid Implementations

| Location / Region | System Configuration | Energy Reliability (%) | Cost Reduction (%) | Application Scale | Reference Example |
|----------------------|-------------------------|---------------------------|--------------------|-------------------|----------------------|
| Lagos, Nigeria | PV-VAWT- | 95 | 12 | Community | Ogunjimi & |
| | Battery Hybrid | | | Microgrid | Oyelakin (2025) |
| Dhaka, | PV-VAWT | 93 | 10 | Urban Rooftop | Ishraque & |
| Bangladesh | Standalone | | | | Khan (2023) |
| Nairobi, Kenya | Wind-Hydro- | 97 | 14 | Regional | Mwangi et al. |
| | Battery Hybrid | | | Microgrid | (2022) |
| Cairo, Egypt | PV-VAWT Urban | 90 | 9 | Building Cluster | Barakat & |
| | Rooftop | | | - | Kassem (2022) |
| Rural Adamawa, | Off-Grid PV- | 95 | 11 | Rural | Adewumi et al. |
| Nigeria | VAWT Hybrid | | | Electrification | (2023) |

Although these have been made, there are still a number of challenges. VAWTs continue to have an aerodynamic efficiency difference with horizontal-axis wind turbines (Bianchini et al., 2019). Landing structural fatigue and reliability concerns with cyclic loading remain the reasons that limit the long-term deployment (Fereidooni and Rahimi, 2022). The grid integration is still complicated because of the

issues of stability of voltages and frequencies (Debnath and Biswas, 2021), and the high initial costs and the lack of access to investments hinder its implementation in developing regions (Sovacool, 2021; Diemuodeke and Addo, 2020). Moreover, small and medium VAWTs are not as easily compared and certified globally due to the lack of standardized testing protocols (Mollerstrom et al., 2019).

Table 7: Summary of Key Challenges and Research Gaps

| Challenge Area | Description / Limitation | Impact Level Reference(s) | | Suggested Research Focus | |
|--------------------|-----------------------------|---------------------------|-------------------------|-----------------------------|--|
| Aerodynamic | Lower Cp compared to | High | Bianchini et al. (2019) | Advanced 3D CFD-AI Co- | |
| Efficiency Gap | HAWTs | | | optimization | |
| Structural Fatigue | Fatigue failure under | High | Fereidooni & Rahimi | Fatigue-tolerant composite | |
| | cyclic loading | | (2022) | materials | |
| Grid Integration | Voltage and frequency | Medium | Debnath & Biswas | Smart inverters and digital | |
| Complexity | instability | | (2021) | twin integration | |
| Economic | High upfront cost in | High | Sovacool (2021); | Local manufacturing | |
| Constraints | developing regions | | Diemuodeke & Addo | incentives | |
| | | | (2020) | | |
| Lack of Testing | Absence of harmonized | Very High | Möllerström et al. | IEC-like standardization | |
| Standards | certification for VAWTs | · · | (2019) | for small/medium turbines | |

The results obtained show that advanced CFD-based aerodynamic optimization, combined with intelligent control systems, innovative materials, and hybrid energy integration, is a promising path forward toward realizing efficient, reliable, and scalable VAWT-based renewable energy systems. However, standardization challenges, material fatigue, and policy support problems must still be resolved on the way to full-scale commercialization and sustainable global deployment.

CONCLUSION

Optimized Vertical Axis Wind Turbines (VAWTs) have enormous potential in hybrid setups of renewable energy resources, although they require collective action for the purposes of standardization, integration, and development in the field of materials. To ease the process and bring about greater development, the focus needs to be on CFD & Artificial Intelligence (AI) combined solutions for the joint optimization of aerodynamic and control aspects, development of standardized testing facilities for small and medium VAWTs to facilitate equal performance comparison, and integration of the smart grid infrastructure based on the Internet of Things (IoT).

In addition to the above points, development in the materials sector for the mitigation of fatigue and corrosion effects appears crucial for the enhancement of VAWT durability, followed by the development of policy measures for the promotion of VAWT installation, especially for the developing nations where the requirement of decentralized energy resources remains high.

Globally, energy organizations should create a common certification scheme, such as IEC-61400 yet designed for VAWT specifically, while the regional administration might support the process by providing benefits for the local production of such turbines and the development of microgrids. In view of the exhaustive nature of the contemporary investigation, the paper lacks objectivity concerning the language of sources (giving preference to English-speaking sources), as well as the lack of available data from real-field measurements for the assessment of the cost and performance of VAWT over the whole lifecycle.

Finally, it's the combination of aerodynamic optimization, intelligent control, and international standardization that holds the key to VAWTs' metamorphosis from niche technologies into building blocks for decentralized, sustainable, and resilient renewable energy infrastructure.

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